



Program Description:

Our mission at Intermountain, “Healing Through Health Relationships”, reflects our developmental relational treatment approach. By recognizing the developmental needs underlying the maladaptive behaviors and meeting those needs through intentional relationships, treatment provides a fully orchestrated approach in which every aspect of the child’s life presents an opportunity for growth and change. Our 112-year-old non-profit program offers an environment in which care and nurture are difficult to resist. We have over 35 years’ experience using the developmental relational approach. This approach is continually refined by incorporating research findings and a sophisticated clinical understanding of development to deliver treatment of complex childhood experiences.

Nestled in the foothills of the Rocky Mountains, children, ages 4-13, live in family-style houses with private bedrooms. The 40-acre grounds include an education center, playground, and hiking trails. Outdoor and community activities are incorporated into daily life such as skiing, swimming, hiking/backpacking, fishing, camping, and canoeing. Family participation is critical to the success of the child. We embrace the whole family, the whole child, and respect each individual’s uniqueness knowing full well that their strengths, challenges, and development are never in isolation, but rather can be cultivated within human connection.

Our Services:

Services included in the daily rate:

- Weekly Family Therapy/Consults
- Weekly Individual Therapy
- Weekly Group Therapies
- Milieu Therapy
- Education
- Therapeutic Support during the school day
- Recreation/Activities
- Camping trips
- Additional Specialty Group Therapies (as offered)
- Quarterly Family Workshops – “LIFE Days”
- Quarterly Sibling Groups (offered at LIFE Day)
- Monthly Parent Groups
- Nursing Services

Additional Services not included in the daily rate:

- Therapeutic Campus visits (travel not included)
- Staff supported home visits
- Psychiatric assessments/Medication Management
- Medications
- Doctor visits
- Dentist Visits
- Eye Dr Visits
- Travel
- Speech and Language services
- Occupational Therapies/Services
- Equine therapy (community partner)
- Aftercare Services

Clinical Services:

Each house on our campus has a master’s level clinician (at minimum). Their caseload consists of the 8 children living in that house and their families. Their office is in the respective house, intentionally, to allow for greater access



as well as therapy influencing the milieu and milieu influencing therapy. Each clinician is a member of the cottage core team and works in partnership with the cottage supervisor and case manager.

Academics:

Our accredited on-campus school serves grades K-8 in 4 multi-age, multi-grade classrooms as well as an art/music room, motor lab, and multi-purpose room/gym. Each classroom is staffed by a certified teacher and 2 mental health support staff. Students are provided core curriculum, 2x weekly art and music, and 3x weekly PE. Our Intermountain School provides individualized plans that are tailored by our certified teachers to the unique learning styles and abilities of each student. Technology assistance such as SMART boards and Chromebooks are integrated into the classrooms in addition to education related field trips and community activities. Each classroom is 8-10 children when at full census.

Length of Stay:

Length of stay can vary depending on the child and family. The team, including legal guardian(s), is discussing length of stay from admission and reviewing treatment progress monthly. There are many factors/variables that can impact length of stay and discharge so this can be flexible and may change throughout the program. Typical length of stay is 12-18 months, with average being 15 months.

Child profile:

Candidates for success in our program are children whose challenges may include: attachment and relationship disruptions, developmental trauma, grief and loss, social isolation and/or lack of friendships, emotional dysregulation, inappropriate boundaries, mild aggression, symptoms of ADHD, depression and anxiety, academic difficulties, along with high function autism spectrum, and an IQ >85.

Program Cost:

Daily rate of \$500-\$900

\$2,500 enrollment fee (one time) & deposit (held until discharge) due on admission

Insurance:

Intermountain encourages parents to enlist the services of an insurance advocate to help navigate the insurance funding process, including prior authorizations and utilization reviews/continued stays. We will work with you and your insurance advocate to provide your insurance advocate access to our records. Our residential biller will bill your insurance for covered services. See FAQ's for more information on funding and insurance.

Licenses/Accreditation:

We are licensed by the State of Montana DPHHS, nationally accredited by AdvancEd/COGNIA, and the Council On Accreditation. We are a California NPS, Washington NPA, and Illinois NPS. We are also active members of the National Association of Therapeutic Schools and Programs (NATSAP), All Kinds of Therapy, and ATTACH.

Please let us know if you have any questions.

Intermountain Admissions Team

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Visit our website for more information at www.intermountainresidential.org